

# Montserrat DIGEST

A newsletter for health professionals providing the bottom line on Montserrat Day Hospital / Summer 2007

## Happy New Year

2006 was a very successful and busy year for Montserrat Day Surgery Hospitals. We now have all of our 3 sites (Spring Hill, Indooroopilly & Gaythorne) up and running. We have re-structured our business to improve our service delivery to both our internal and external customers and we have seen a steady increase in procedures at all our sites with the addition of several new staff and new clinicians.

## In this issue...

Montserrat Day Surgery Hospital wins the Prestigious APHA / Baxter award	P1
Commonwealth Government Bowel Cancer screening Program	P1
Revised Fees for Pensioners	P2
Montserrat Day Surgery Hospital Welcomes our new clinicians	P2
DVA patients	P2
Farewell to Leith McMillan	P3
Simulator theatre training – Virtual education	P3
Medical Objects – Assisting General Practice to go paperless	P4
Fax back – Referral pads/practice visit	P4

## Montserrat Day Hospital Wins APHA/Baxter Award for 2006-2007

The APHA/Baxter awards are made annually and are the most prestigious awards for clinical excellence in private hospitals, only 3 were awarded for 2006 - 2007. Montserrat Day Hospitals was awarded one of these prestigious awards at the recent Australian Private Hospital Association (APHA) conference. Montserrat Day Hospitals received the award for developing a program for colonic polyp, colorectal surveillance, and assessment of proceduralist performance. The aim of developing this program was to provide a consistent, auditable, and transparent colonic screening and surveillance program as well as appropriate recall. We are very proud of this award and will be aiming to win a further award for 2007.

*Leith MacMillan*



## Commonwealth Government Colorectal Screening Program

Colorectal screening programmes have been in place in many Western countries for several years. Australia's program has recently commenced.

The initial age groups being invited to participate are those aged at 55 and 65 years. It must be stressed that this is NOT a suitable program for symptomatic patients. The program is multi-staged. The list of initial eligible patients are being assembled from the electoral role and these patients offered kits for detection of occult blood. The sensitivity of the tests is adjusted to maximise sensitivity and specificity.

The program identifies the patient's General Practitioner and notifies the practitioner of the result. It is envisaged that the General Practitioner will then refer patients with positive results to an institution for colonoscopy. The government is assembling a list of preferred institutions who will be approved to perform these investigations. These institutions will participate in data collection for the National survey. If the patient is referred to one of these institutions the programme will meet the costs of the institution, the procedure, anaesthetist and pathology. Patients also have the option of using their private insurance.

It is projected that this program will reduce colorectal cancer mortality by 30%. If polyps are found the usual follow up arrangements are recommended and at this time are outside the program scope.

It is envisaged that screenings will be progressively offered to all age groups bi annually.

It needs to be stressed again, that pathologic lesions may bleed intermittently and occult blood testing is not suitable for investigation of symptomatic patients.

*Dr Peter Stephenson*



# Reduction in fees for uninsured Pensioners and uninsured Healthcare card holders

Montserrat Day Hospitals has reviewed its endoscopic fees and is pleased to announce competitive new rates. Pensioners/Healthcare card holders will be bulk billed for the procedure. The anaesthetic and the pathology will be requested as bulk bill. Therefore, out of pocket expenses for pensioner/healthcare card holders should be confined to the facility fee.

Please note that in some circumstances both gastroscopy and colonoscopy are indicated. If so, Montserrat Day Hospitals will perform both procedures at the one visit to ensure the patient avoids 2 anaesthetics and 2 days off work.

Procedure	Revised Fee
Gastroscopy	\$225
Colonoscopy	\$350
Colonoscopy + Polyp	\$350
Gastroscopy + Colonoscopy	\$400
Gastroscopy + Colonoscopy + polyp	\$425

## Montserrat Day Surgery Hospital welcomes our new clinicians

We are happy to welcome on board at Montserrat Day Hospital Dr Andrew Renaut and Dr Sandra Park. Dr Renaut performs Colonoscopy at our Spring

Hill Hospital, whilst Dr Sandra Park Performs both Colonoscopy and Gastroscopy at Spring Hill and also consults at Spring Hill and Gaythorne.

### Professor Andrew Renaut

Andrew is a specialist colorectal surgeon. His undergraduate and postgraduate trainings were undertaken predominantly in London and was completed with a fellowship year in Sydney together with a dedicated period of research resulting in a masters of surgery and a thesis entitled 'immune mechanisms in cancer'. He moved to Brisbane in 2005 having spent the previous 5 years in Christchurch where he gained extensive experience in laparoscopic colorectal surgery. He is an Associate Professor of Surgery at Bond University Medical School on the Gold Coast, has private rooms at St Andrew's Place in Spring Hill and operates at St Andrew's Hospital.

*Associate Professor Andrew Renaut  
MS(Lond) FRCS(Gen) FRACS FDSRCS*



### Dr Sandra Park

Dr Sandra Park has joined Montserrat as our second female Gastroenterologist. After graduating from the University of Sydney in 1993, Sandra commenced her internship at Concord Hospital and progressed on to complete her Advanced training in Gastroenterology at the Prince of Wales Hospital in 2000. Sandra then spent some time conducting research at the UNSW and then entered private practice in 2004 working at the Buderim Gastroenterology Centre on the Sunshine Coast.

Sandra has been involved in several publications relating to Pancreatic stellate cell migration research and has presented at conferences on the topic of Pancreatic Stellate cell disease.

Montserrat welcomes Sandra to the team.



## DVA Patients

We are pleased to announce that Montserrat Day Hospitals has been approved as a Day hospital to provide Gastroenterological investigative and therapeutic services for Veterans and eligible patients. It is no longer required to get prior approval before referral.

## Farewell to Leith McMillan

Leith MacMillan farewells Montserrat Day Hospitals after spending 13 years at the helm of what is now Montserrat Day Hospitals. During this time she has taken a small endoscopy room on Wickham Terrace in Brisbane to an organisation with three private day facilities, including one multi-disciplinary day hospital unit and 45 staff.

Leith's determination to break new ground allowed her to realize many accomplishments. Her career started as a registered nurse specializing in operating theatres and now boasts 23 years of gastroenterological nursing experience.

In her initial role as Charge Nurse, Leith designed and refined the infrastructure needed to establish Brisbane Gastroscopy & Colonoscopy as a choice provider of endoscopy services. As Practice Manager due to her achievements she was promoted to Chief Executive Officer in 2001, where she focused on increasing market share and diversification that was synergistic to Montserrat Day Hospitals.

Leith MacMillan was also the proud winner of the Inaugural Australian Association of Practice Managers Sue-Ellen Toms Award 2004 for excellence in practice Management and has also nearly completed a Master of Business degree at Queensland University of Technology.

Leith is proud to announce that she has recently been appointed as Executive Director of the Australasian Day Surgery Association, in a part-time capacity.

Leith also has recently become the Director of 'Day Hospital Consulting' – a company to assist those in the Day Hospital/Surgery environment, as well as medical practice, with professional advice on all aspects of design, development, re-design and ongoing management and operational functioning.

These roles will commence in 2007  
We wish her all the best!

For any further information, Leith can be contacted on 0417 737122.



## Simulator theatre training - Virtual education Royal Brisbane Hospital

The team at The Montserrat Day Hospitals were asked to participate in the first Anaesthetic Crisis course at the new all singing and dancing Queensland Health Skills centre, a rare honour to be the first to test drive their state of art facility.

So early one morning a small trusted mixed group of Doctors and Nurses armed with a large cross section of experience, skills and knowledge descended on the facility with a mixture of apprehension and speculation (what were we doing here and what were they going to get us to do) to be put through our paces.

After changing into familiar protective, comfort clothes (theatre blues) we all felt better and ready to take on the world with a new found bravado.

We found ourselves having tea followed by a briefing session and introduction of our selves to our interrogators, sorry that should read instructors, who gave us an outline of what was going to happen and how the day was to proceed.

We were also shown officially around the training labs - very nice! Patients that talk, anatomically correct airways, real anaesthetic machine, and responsive pupil reactions. Overall very impressive.

At this stage I should warn you that at the risk of death I am sworn to secrecy and may not divulge what passed between the group and or the scenarios.

Briefing over, our group is reduced by half, half for the scenario half to critique their performance

(performance being the operative word as I have forgot to say there was about 6,000 CTV cameras, so if you are not a budding star or are camera shy this is not the place for you). There was no escape (except the toilets/changing rooms) we were all going to be stars.

Throughout the rest of the day we had a series of increasing blood pressure, decreasing blood pressure, tachycardia, bradycardia, blood loss, air way problems and basically if it could go up it did and if it could go down it did as well. They spent the day putting us and their facility through their/our paces with a full range of patient oriented problems.

After all the hype and apprehension all the patients survived to be resused another day. We concluded with the debriefing session and the final conclusion from every one involved, instructors and participants alike was that the day had been a great success from a learning perspective as well as a instructional one and vowed to do it all again. The combination of "hands on" life like surroundings and realistic scenarios made the whole experience memorable and adrenaline pumping and worth while as it lets you test your limitations/skills and knowledge without the danger that is normally associated with these incidents.

Conclusion: We have tested our team and found it not to be lacking in skill, knowledge and team work and ready for any little bumps life may throw at us at The Montserrat Day Hospitals.

*By Paul Treadwell  
Clinical Manager, Gaythorne*

# Medical Objects – Drs Letters available to you electronically

Montserrat Day Hospitals is now fully operational with the Medical Objects software programme.

Medical-Objects is a messaging system that uses the same coding (HL7) as pathology providers to securely send and receive clinical data. Utilising Medical-Objects will allow you, at no cost, to electronically receive specialists' letters, and have those letters automatically filed into your patients' records, in your particular medical software. Your medical software will handle the letter in the same way it manages pathology downloads.

To make Medical-Objects work for you, a small client file needs to be downloaded from the web onto your computer, you can install this yourself or the Medical-Objects team can guide your staff through this over the phone, usually in about 10 minutes. Once installed, no more scanning letters! This download and service is FREE of charge to your practice as is the ongoing use of the program.

If you have any queries or would like any additional information please go to the website [www.medical-objects.com.au](http://www.medical-objects.com.au)



## Referral Pad Orders

Please fax back to 07 38351075

If you haven't yet received our new referral pad sets, simply fax back this sheet and they will be forwarded to your practice ASAP.

Practice Name: \_\_\_\_\_

Postal Address: \_\_\_\_\_

Suburb: \_\_\_\_\_ Post Code: \_\_\_\_\_

Number required: \_\_\_\_\_ Date Order Faxed: \_\_\_\_\_

To assist us in ensuring we are providing the highest level of service to our referring practitioners please complete this quick survey.

Would you like a practice visit by one of our staff members to discuss Montserrat Day Hospitals services

Yes, I would  No, Thank-you

Would you attend educational programs conducted by Brisbane Gastroscopy + Colonoscopy?

Yes  No

Is there an area in particular that would interest you in educational programs? \_\_\_\_\_

\_\_\_\_\_

Do you have any further comments: \_\_\_\_\_

\_\_\_\_\_

*Thank you for your time.*

**Spring Hill • Indooroopilly • Gaythorne • Ipswich**

Incorporating Brisbane Gastroscopy + Colonoscopy and Digestive Health Clinics

Contact Centre 07 3833 6701

Email: [enquiries@montserrat.com.au](mailto:enquiries@montserrat.com.au)

[www.montserrat.com.au](http://www.montserrat.com.au)